



# ECSS Rimini 2025

1-4 JULY 2025



## PROGRAMME AT A GLANCE

|               |                                                     |
|---------------|-----------------------------------------------------|
| 07:30 - 18:30 | Registration open                                   |
| 09:00 - 11:30 | Masterclasses (exact duration varies)               |
| 09:00 - 11:30 | NSCA Workshop                                       |
| 08:45 - 11:45 | Life in Space                                       |
| 11:00 - 11:45 | ECSS General Assembly                               |
| 11:45 - 12:00 | <i>Break</i>                                        |
| 12:00 - 13:15 | Invited Symposia/Oral/ECSS YIA & GSSI Presentations |
| 13:15 - 13:30 | <i>Break</i>                                        |
| 13:30 - 14:45 | Invited Symposia/Oral & ECSS YIA Presentations      |
| 14:45 - 15:15 | <i>Coffee Break</i>                                 |
| 15:15 - 17:45 | GSSI Symposium                                      |
| 17:30 - 18:00 | <i>Break</i>                                        |
| 18:00 - 19:00 | Opening Ceremony (incl. GSSI Awards Ceremony)       |
| 19:00 - 20:00 | Welcome Reception                                   |

# TUESDAY

1 JULY 2025

*\*all times in CEST | last update: 20 Jun 2025*



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## PROGRAMME AT A GLANCE

|               |                                                |
|---------------|------------------------------------------------|
| 07:30 - 17:45 | Registration open                              |
| 08:00 - 09:15 | Invited Symposia/Oral & ECSS YIA Presentations |
| 09:15 - 09:30 | Break                                          |
| 09:30 - 10:45 | Invited Symposia/Oral & ECSS YIA Presentations |
| 10:45 - 11:00 | Break                                          |
| 11:00 - 12:15 | Invited Symposia/Oral & ECSS YIA Presentations |
| 12:15 - 13:15 | Lunch Break                                    |
| 13:15 - 14:30 | Invited Symposia/Oral & ECSS YIA Presentations |
| 14:30 - 14:45 | Break                                          |
| 14:45 - 16:00 | Invited Symposia/Oral & ECSS YIA Presentations |
| 16:00 - 16:30 | Coffee Break                                   |
| 16:30 - 17:30 | Poster & ECSS YIA Presentations                |
| 17:30 - 17:45 | Break                                          |
| 17:45 - 19:00 | Plenary Session I                              |

# WEDNESDAY

2 JULY 2025

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## PROGRAMME AT A GLANCE

|               |                                                                 |
|---------------|-----------------------------------------------------------------|
| 07:00 - 08:00 | Bengt Saltin Run (registration required)                        |
| 08:00 - 18:30 | Registration open                                               |
| 08:30 - 09:45 | Invited Symposia/Oral & ECSS YIA Presentations                  |
| 09:45 - 10:00 | Break                                                           |
| 10:00 - 11:15 | Invited Symposia/Oral & ECSS YIA Presentations                  |
| 11:15 - 11:30 | Break                                                           |
| 11:30 - 12:45 | Plenary Session II                                              |
| 12:45 - 13:45 | Lunch Break                                                     |
| 13:45 - 15:00 | Invited Symposia/Oral Presentations                             |
| 15:00 - 15:15 | Break                                                           |
| 15:15 - 16:30 | Invited Symposia/Oral Presentations                             |
| 16:30 - 17:00 | Coffee Break                                                    |
| 17:00 - 18:15 | Invited Symposia/Oral Presentations                             |
| 18:15 - 18:30 | Break                                                           |
| 18:30 - 19:30 | Poster Presentations                                            |
| 20:00 - 23:00 | Uniting Excellence in Sport Science Reception (invitation only) |

# THURSDAY

3 JULY 2025

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1-4 JULY 2025



## PROGRAMME AT A GLANCE

|               |                                                    |
|---------------|----------------------------------------------------|
| 07:30 - 17:30 | Registration open                                  |
| 08:00 - 09:15 | Invited Symposia/Oral Presentations                |
| 09:15 - 09:30 | Break                                              |
| 09:30 - 10:45 | Invited Symposia/Oral Presentations                |
| 10:45 - 11:00 | Break                                              |
| 11:00 - 12:00 | Poster Presentations                               |
| 12:00 - 13:00 | Lunch Break                                        |
| 13:00 - 14:15 | Invited Symposia/Oral Presentations                |
| 14:15 - 14:30 | Break                                              |
| 14:30 - 15:45 | ECSS YIA Finalists Presentations                   |
| 15:45 - 16:15 | Coffee Break                                       |
| 16:15 - 17:30 | Plenary Session III                                |
| 17:30 - 18:30 | Closing Ceremony (incl. ECSS YIA Winners Ceremony) |
| 18:30 - 20:30 | Farewell Reception                                 |
| 20:30 - 21:30 | Get ready for the Party                            |
| From 21:30    | Friday Night Party at Coconuts                     |

# FRIDAY

4 JULY 2025

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