

## 陳永盛



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### 現職 (Current Position)

- 臺北市立大學運動健康科學系教授 (Professor, Department of Exercise and Health Sciences, University of Taipei (REG NO:145535))
- 臺北市立大學人體研究倫理委員會委員 (Member of Institutional Review Board, University of Taipei)
- Peer J Life and Environment 編輯委員 (Editorial Board Member)
- Frontiers in Physiology & Frontiers in Psychology 審查編輯委員 (Review Editor Member)
- The Open Sports Science Journal 編輯委員 (Editorial Board Member, The Open Sports Science Journal)
- 亞洲足球聯盟五人制足球教練講師 (AFC Futsal Coaching Course Instructor: Level 1, Level 2, Goalkeeping)
- 中華民國足球協會教練講師 (CTFA Coaching Course Instructor : Grassroot, C, B)

### 學歷 (Education)

- 2011 澳大利亞南字星大學運動生理學博士 (Ph.D., Exercise Physiology, School of Health and Human Sciences, Southern Cross University, Australia)
- 2007 英國布魯內爾大學運動科學碩士 (MSc., Sport Science, School of Sport and Education, Brunel University, England)
- 2003 輔仁大學體育系學士 (BA, Physical Education, Department of Physical Education, Fu Jen Catholic University, Taiwan)

## 經歷 (Employment History)

- International Journal of Environmental Research and Public Health, Special issue: Neuromuscular Responses and Adaptations in Exercise, Sport and Health
- 臺北市立大學運動健康科學系副教授 (Associate Professor, Department of Exercise and Health Sciences, University of Taipei)
- 臺北市立大學運動健康科學系助理教授 (Assistant Professor, Department of Exercise and Health Sciences, University of Taipei)
- 臺北市立體育學院兼任講師 (Casual Lecturer, Taipei Physical Education College, Taiwan)
- 澳大利亞南字星大學教學助理 (Tutor & Demonstrator, School of Health and Human Sciences, Southern Cross University, Australia)
- 中華民國足球協會副秘書長 (Deputy of General Secretary, Chinese Taipei Football Association)
- 東亞足球聯盟技術委員 (Technical Committee Member, East Asia Football Federation)

## 研究興趣 (Research Interest)

- 神經肌肉功能 (Neuromuscular physiology)
- 心血管功能 (Cardiovascular physiology)
- 訓練監控與恢復策略 (Training load monitoring and recovery strategies)
- 身體活動與健康促進 (Physical activity and health promotion)
- 老化與身體功能 (Physical functions and ageing)
- 數位健康 (Digital Health)
- 足球科學 (Football and futsal sciences)

## 特殊榮譽 (Awards)

- 科技部專題研究計畫補助 (Research funding, Ministry of Science and Technology)
- 臺北市立大學科技部教師彈性薪資獎勵
- 臺北市立大學教師研究成果獎勵
- 教育部體育署運動科學研究發展狀獎勵甲等獎
- Aged Services Learning and Research Collaboration (ASLaRC) Ph.D. Scholarship

## 出版刊物 (Publications)

2 中文書籍

1 英文書籍

1 英文書籍章節

11 中文具審查制度期刊論文

56 英文具審查制度期刊論文