INTERNATIONAL SEMINAR ON SPORT AND EXERCISE PSYCHOLOGY 2026

13th



FEBRUARY 8-11, 2026
SEOUL, KOREA

서울과학기술대학교
SEOULTECH SEOUL NATIONAL UNIVERSITY OF SCIENCE & TECHNOLOGY

ASPASP
Asian South Pacific Association of Sport Psychology

HELP
Health & Exercise Psychology Laboratory

Welcome Address

Dear colleagues and students,

It is my great pleasure, on behalf of the Organizing Committee, to warmly welcome you to the 13th International Seminar on Sport and Exercise Psychology (ISSEP), hosted by the Department of Sport Science at Seoul National University of Science and Technology in Seoul, Korea.

We are honored to host this seminar, featuring participants from across Asia and beyond who are dedicated to advancing the field of sport and exercise psychology in both research and practice. Your presence reflects a shared commitment to promoting athletes' performance, mental health, healthcare, and overall well-being through scientific inquiry and professional collaboration.

The primary aim of this seminar is to contribute to the academic development of sport and exercise psychology researchers and students in the Asian region. Over the coming sessions, we will share research findings, exchange ideas, and explore new theoretical and applied perspectives.

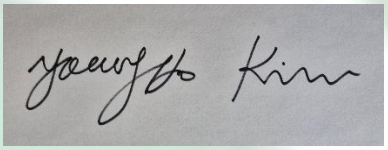
Equally important, this seminar is an opportunity to recognize, understand, and respect the rich cultural diversity of the Asian region. Our countries differ in language, history, social systems, and sporting environments, yet we share many common challenges and aspirations. Through our discussions, we hope to explore how cultural contexts shape athletes' experiences, coaching practices, physical activity promotion, and mental health support.

Ultimately, we hope that this seminar will serve as a platform for an academic and cultural community that contributes to enhancing the international visibility and standing of Asian scholarship in sport and exercise psychology. By presenting high-quality research, engaging in constructive debate, and strengthening our regional collaboration, we wish to ensure that Asian perspectives and evidence are more fully represented in the global discourse.

I would like to extend my sincere appreciation to all presenters, participants, and students for contributing your time, expertise, and enthusiasm. I am also deeply grateful to our colleagues, staff, and volunteers at the Department of Sport Science, the HELP teams, and SEPC, whose hard work has made this event possible.

I hope that the13th ISSEP will be an inspiring and meaningful experience for each of you that offers not only new knowledge and research opportunities, but also lasting friendships and partnerships across countries and cultures.

Chair of the Organizing Committee of the 13th ISSEP
Youngho Kim, PhD, Professor
Department of Sport Science
Seoul National University of Science and Technology



Scientific Review Board

1. Youngho Kim, Seoul National University of Science and Technology, **KOREA**

2. Frank Jing-Horng, Lu, Chinese Culture University, **TAIWAN**

3. Naruepon Vongjaturapat, Burapha University, **THAILAND**

4. Garry Kuan, Universiti Sains Malaysia, **MALAYSIA**

5. Yu-Kai Chang, National Taiwan Normal University, **TAIWAN**

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7. Jonghwa Lee, Seoul National University of Science and Technology, **KOREA**

8. Chatkamon Singnoy, Burapha University, **THAILAND**

9. Chin Ngien Siong, Institute of Teacher Education Batu Lintang Campus, **MALAYSIA**

10. Dojin An, Seoul National University of Science and Technology, **KOREA**

11. Wen Yi Wang, University of Taipei, **TAIWAN**

12. Chiao-Ling Hung, National Taiwan University, **TAIWAN**

13. Feng-Tzu Chen, National Tsing Hua University, **TAIWAN**

14. Tanida Julavanichpong, Burapha University, **THAILAND**

ISSEP 2026 Scientific Program

Time	Activity
February 08	**Day 1: Room 911, Mugung Hall (No. 57, Building)**
-15:00	Arrival & Registration
15:00-	Rest & Free time

Time	Activity
February 09	**Day 2: Room 911, Mugung Hall (No. 57, Building)**
07:00-08:30	Breakfast
08:30-09:30	**Opening ceremony** Moderator: Seonjong Lee & Jisu Kim **-Celebrating performance (K-pop Dance and Singing)** **-ISSEP Merit Award** Presider: Youngho Kim 1. Frank Jing-Horng Lu (Chinese Culture University, Taiwan) 2. Naruepon Vongjaturapat (Burapha University, Thailand)
09:30–10:00	**Keynote Speech 1** Stress in Sports: Measurement, Empirical Studies, and Future Directions Presider: Naruepon Vongjaturapat Speaker: Frank Jing-Horng Lu
10:00–10:20	**Invited Speech 1** Mastering the Digital Arena: Best Practices in Sport Psychology for World-Class Esports Success Presider: Yu-Kai Chang Speaker: Chatkamon Singnoy
10:20–10:40	**Invited Speech 2** Mindfulness, Subjective Happiness and Health among Trainee Teachers Presider: Kuo-Pin Wang Speaker: Chin Ngien Siong, & Teo Boon Sian
10:40–11:00	**Invited Speech 3** How Transformational Coaches Build Athlete Mental Toughness: Motivational and Coach–Athlete Relationship Pathways Presider: Garry Kuan Speaker: San-Fu Kao
11:00-11:20	**Break Time**
11:20–11:40	**Invited Speech 4** The Impact of AI Algorithms on Human Physical Activity: A Study Using the Unified Theory of Acceptance and Use of Technology 2 (UTAUT2) Presider: Soojin Kang Speaker: Dojin An, & Youngho Kim
11:40–12:00	**Invited Speech 5** Understanding Emotion Categories to Optimize Emotional Readiness in Sport Presider: Chin Ngien Siong Speaker: Karen Lo
12:00–12:20	**Invited Speech 6** From Rest to Pre-Competition: Heart Rate Variability Transitions as a Marker of Autonomic Readiness in Para-Swimmers Presider: Youngho Kim Speaker: Sarawut Kusump

Time	Activity	
February 09	**Day 2: Room 911, Mugung Hall (No. 57, Building)**	
12:20-15:00	**Lunch & Break**	
	Poster Session	**9th Floor, Mugung Hall (No. 57, Building)**
15:00–15:30	**Keynote Speech 2** Bridging Theory and Practice: Developing Mental Toughness for Enhanced Athletic Success in Malaysian Sport Presider: Chatkamon Singnoy Speaker: Garry Kuan	
15:30–15:50	**Invited Speech 7** Revisiting Athletic Identity in Adolescent Student-Athletes: Insights from the Three-Factor Process Model Presider: San-Fu Kao Speaker: Chung-Ju Huang, & Ya-Cheng Yeh	
15:50–16:10	**Invited Speech 8** Determinants of Physical Activity Among Chinese Adolescents: A Multi-Group Analysis Across Weight Statuses Presider: Karen Lo Speaker: Liying Yao	
16:10–16:30	**Invited Speech 9** Rethinking the "Student-Athlete": How Stereotypes Shape Athletes' Identity, Motivation, and Performance Presider: Feng-Tzu Chen Speaker: Yawen Hsu	
16:30–16:50	**Break Time**	
16:50-18:00 *Exercise Psychology Session (18:10)	**Plenary Session – Oral Presentation**	
	Exercise Psychology Presider : Dojin An	Room 207, Mugung Hall
	Performance Psychology Presider : Jonghwa Lee	Room 206, Mugung Hall
	Sport Psychology – 1 Presider : Naruepon Vongjaturapat	Room 205, Mugung Hall
	Sport Psychology – 2 Presider : Garry Kuan	Room 217, Mugung Hall
18:10–	**Welcome Dinner**	

Time	Activity
February 10	**Day 3: Conference Tour**
07:00-08:00	Breakfast
08:00–10:00	Departure to Ski Resort
10:00-12:00	Gondonla and Sightseeing
12:00-13:00	Lunch & Break
13:00-16:00	Free time – Ski or Sled
16:00-18:00	Come Back to SeoulTech
18:00-	Rest & Free time

Time	Activity
February 11	**Day 4: Room 911, Mugung Hall (No. 57, Building)**
07:00-09:30	Breakfast & Rest time
09:30-10:30	Cultural Performance
10:30-11:00	Closing Ceremony

Oral Presenters - ISSEP 2026

February 09	**Plenary Session – Oral 1: Exercise Psychology (Presider: Dojin An)**
16:50-18:10	**Room 207, Mugung Hall (No. 57, Building)**
16:50-17:00	**Oral Presentation 1-1** Study of the age and bodyweight influences on Individuals comfort and pillow type selections Chih Min Wu, Shan Chun Yao, Wei Ming, Lin, Wen Yi Wang, & Zong Yan Cai
17:00-17:10	**Oral Presentation 1-2** The Correlations between Exercise Motivation, Perception of Health Promotion Plans and Exercise Behavior of Bangkok Cogenertion Company Limited's Employees Wannee Jermsuravong, Jade Puengchanchaikul, & Kunat Pithapornchaikul
17:10-17:20	**Oral Presentation 1-3** The Effects of Pickleball Participation on Job Stress and Burnout among University Staff: The Mediating Roles of Exercise Self-Efficacy and Social Capital Donghee Kang, & Youngho Kim
17:20-17:30	**Oral Presentation 1-4** Acute Effects of Multi-Modal Martial Arts on Mood and Mindfulness in High-Risk Adults with ADHD: A Research Proposal Using EEG Effective Connectivity Analysis Chi-Jui Lee, Wei Zhang, Dong-Yang Fong, & Chiao-Ling Hung
17:30-17:40	**Oral Presentation 1-5** Effects of Different Muscle Stretching Programs on Flexibility in Physically Inactive Adolescents Thanumporn Thonglong
17:40-17:50	**Oral Presentation 1-6** The Effects of Psychological Capital Types on the Formation of Exercise Self-Schema Jisu Kim, & Youngho Kim
17:50-18:00	**Oral Presentation 1-7** Thai–Korean Perspectives on Measuring Values, Life Skills, and Learning Outcomes in Physical Education and Youth Sport: A Literature Review Choosakul, Julvanichpong, Inchai, Ahn, & Park
18:00-18:10	**Oral Presentation 1-8** Attitudes and Behaviors for Healthy Exercise of the working-age population in Udon Thani Municipality During the Coronavirus 2019 (COVID-19) Rittirong Unjana

February 09	**Plenary Session – Oral 2: Performance Psychology (Presider: Jonghwa Lee)**
16:50-18:00	**Room 206, Mugung Hall (No. 57, Building)**
16:50-17:00	**Oral Presentation 2-1** Longitudinal associations among sleep quality, athletic mental energy, and athletic performance: A cross-lagged panel model Wei-Jiun Shen, Frank, J. H. Lu, & Yi-Hsiang Chiu
17:00-17:10	**Oral Presentation 2-2** EEG-based Sensorimotor Rhythm Neurofeedback Training for Motor Performance: A Systematic Review Lin, Chen-Yu, & Wang, Kuo-Pin
17:10-17:20	**Oral Presentation 2-3** A new approach in sports: Function-specific instruction framework for EEG neurofeedback training Kuo-Pin Wang, Hatem Elbanna, & Thomas Schack
17:20-17:30	**Oral Presentation 2-4** Neural Efficiency Under Pressure: Neuro-psychophysiological Mechanisms of Deception Detection in Rugby Union Across Skill Levels (Research Proposal) Wei-Ting Chen, & Kuo-Pin Wang
17:30-17:40	**Oral Presentation 2-5** The Effects of Biomechanically Stable Putters on Psychological Confidence and Putting Performance Across Golf Handicap Levels Wang Meng, & Garry Kuan
17:40-17:50	**Oral Presentation 2-6** ANXIETY AND SELF-CONFIDENCE IN ROYAL THAI NAVAL SPECIAL FORCES TRAINEES Nuntaporn Pattanaviboon, Phichayavee Panurushthanon, & Sirichet Punthipayanon
17:50-18:00	**Oral Presentation 2-7** A STUDY STRESS RECOVERY IN TEAM ATHLETES Suttirak Nasome, Phichayavee Panurushthanon, & Sirichet Punthipayanon

February 09	**Plenary Session – Oral 3: Sport Psychology-1 (Presider: Naruepon Vongjaturapat)**
16:50-18:00	**Room 217, Mugung Hall (No. 57, Building)**
16:50-17:00	**Oral Presentation 3-1** The effects of mindfulness-based integrated psychological intervention to return to play related psychological variables on patients with anterior cruciate ligament reconstruction: A study protocol Jeffrey Yu, Poyu Chen, Wai-Hing Pang, & Yu-Kai Chang
17:00-17:10	**Oral Presentation 3-2** The Effect of Mental Warm-Up on Mental Readiness Flow State and Training Abilities of Goalkeeper Wimonmas Prachakul, Kittiphat Kerdphol, & Niromlee Makaje
17:10-17:20	**Oral Presentation 3-3** Body Mass Index and Physical Fitness Levels among Secondary School Students Alexander Goverthan A/L Kanabathy, Chin Ngien Siong, & Dadialyna Dayang Levoh
17:20-17:30	**Oral Presentation 3-4** Effects of Pre-Performance Routines on Athletic Performance and Related Psychological Characteristics in University Football Team player: Preliminary Results of Psychological Consulting Dahyun Park, & Youngho Kim
17:30-17:40	**Oral Presentation 3-5** The Cognitive Dissonance of Gender: External Stereotypes and Internal Identity Among Japanese Sport Science Students Wenjing Cheng
17:40-17:50	**Oral Presentation 3-6** Reliability and Validity Study of the Traditional Chinese Version of the Athlete Psychological Strain Questionnaire (APSQ-TC): A Study Protocol Wei-Chiun Wu, Yun-Rui Yang, Ling-Wen Huang, Jui-Ti Nien, & Yu-Kai Chang
17:50-18:00	**Oral Presentation 3-7** Mental Toughness, Mental Energy, and Burnout: Pathways to Positive Psychological Functioning in Youth Athletes Elvis Mehid, Garry Kuan, Ngien Siong Chin, & Yee Cheng Kueh

February 09	**Plenary Session – Oral 4: Sport Psychology-2 (Presider: Garry Kuan)**
16:50-18:00	**Room 205, Mugung Hall (No. 57, Building)**
16:50-17:00	**Oral Presentation 4-1** Effects of Biofeedback Training on Athlete Anxiety: A scoping review Chang Yang, & Tsung-Min Hung
17:00-17:10	**Oral Presentation 4-2** Mental Health Symptoms and Disorders Among Taiwanese Collegiate Athletes: A SMHAT-1 Based Study Yun-Rui Yang, Wei-Chiun Wu, Ling-Wen Huang, Jui-Ti Nien, & Yu-Kai Chang
17:10-17:20	**Oral Presentation 4-3** Exploring the Role of Sport Participation in International Students' Cross-Cultural Adaptation: A Qualitative Study of Perceived Social Support in the UK Yuqing Wang, Daniel Bloyce, Tomoaki seki, & Hikiro Nakamoto
17:20-17:30	**Oral Presentation 4-4** Motivation and Identity Integration: Predicting Academic and Athletic Outcomes among Trainee Teachers Oliver Anak Akiu, Ting Pei Siang, Teo Boon Sian, & Chin Ngien Siong
17:30-17:40	**Oral Presentation 4-5** The Effects of Attentional Focus Strategies and Mental Fatigue on Jump Service Accuracy in Collegiate Volleyball Players Hai-Wei Liu
17:40-17:50	**Oral Presentation 4-6** TARGET Dimensions, Situational Motivation and Physical Education Adherence among Undergraduates Ting Pei Siang, Chin Ngien Siong, Teo Boon Sian, & Arthur Ling
17:50-18:00	**Oral Presentation 4-7** The Effect of Layup Skill Development in Basketball using a Circle Hoop to Help in Jumping to Score for Mathayom 6 Students at Ratchaborikanukroh School Thanakrit Prakobsuk, Sataporn Phakhunthod, & Chaithipat Songsricharoen

Poster Presenters - ISSEP 2026

February 09	**Poster Session**
12:00-15:00	**9th Floor, Mugung Hall (No. 57, Building)**
1	**Poster 1** Psychological Coping in Elite Golf Performance: A Single-Case Hanchu Chang, & Yawen Hsu
2	**Poster 2** The Quality of Inclusive Sport Teams: A Review of Psychological Mechanisms and Related Factors Weiren Chen, & Yawen Hsu
3	**Poster 3** Health Status of Older Adults Participating in a Community-Based Elderly School Program Klanarong Krikaew, & Austtasit Chainarong
4	**Poster 4** The Relationship Between Negative Quality Perceptions, Fan Loyalty, and Re-Attendance Intention in the Chinese Professional Baseball League Yan-Hua Huang, & Yawen Hsu
5	**Poster 5** A Review of Eye-Tracking Applications in Sport Settings Yu Lun Lin, & Yawen Hsu
6	**Poster 6** Correlates of Nutrition Knowledge, Attitudes, and Practices Among Sport University Students: A Questionnaire-Based Study Zhou Xin, Garry Kuan, Shiming Li, & Yee Cheng Kueh
7	**Poster 7** The Effects of Pitch Types on Hitting Quality and Batting Outcomes: Evidence from the 2023 World Baseball Classic Kuo Chen, & Yawen Hsu
8	**Poster 8** The Relationship Between Coaching Leadership and Parental Support among Junior High School Basketball Teams Chi-Ting Hsu, & Yawen Hsu
9	**Poster 9** The Development of the Thai Mental Toughness Inventory Tanida Julvanichpong, Naruepon Vongjaturapat, & Wichai Julvanichpong

10	**Poster 10** Empowering and Disempowering Motivational Climates and Youth Athletes' Psychological Outcomes: A Narrative Review Hsiang-Yun Chang, & Chung-Ju Huang
11	**Poster 11** The Impact of Coach-Athlete Relationship on Athlete Burnout: A Narrative Review Jo-Han Chang, & Chung-Ju Huang
12	**Poster 12** Contrasting Health Literacy in Physical Activities: A Study Across Various Academic Stages in Exercise and Sport Science Students Tanida Julavanichpong, Kittipob Hanmanop, Thanakorn Huan-Kim, Thiranat Maneejak, Napas Namthongton, Veerapat Suwatthanapiriy, Satanachan Sucharit, Chatkamon Singnoy, Puangtong Inchai, & Chairat Choosakul
13	**Poster 13** Self-Identity and Role Conflict in Student Athletes : a literature review Yang-Kai Chen, & Wen-Yi Wang
14	**Poster 14** Listening to Children in CLIL PE: Exploring Primary Students' Voices and Experiences Wen-Yi Wang, & Liang-Hsin Chen
15	**Poster 15** An Investigation of Factors Associated with Physical Activity Engagement among undergraduate students at Burapha University Wattikorn Leesuriyaporn, Hathaikarn Chunchiao, Natradee Saengkhrut, & Pannala Pholchai
16	**Poster 16** Effects of Breathing Training on Psychological States in Resistance Training: A Review of the Literature Chia-Cheng Yang, & Chi-Wen Yen
17	**Poster 17** A Literature Review on Creative Dance Groups for Emotional Awareness and Recognition in Children with Special Needs Wei-An Hsieh, & Wen-Yi Wang
18	**Poster 18** Coaching Leadership Style and Team Climate on Collective Flow: A Literature Review Sian-Kai Chuang
19	**Poster 19** A Review of Laban Movement Analysis Applications in Children's Muscular Coordination and Body Control Abilities. Chang Pei-Ling

20	**Poster 20** Exploring the Link Between Resilience and Motor Proficiency in Children with Attention Deficit/Hyperactivity Disorder (ADHD): A Preliminary Correlation Analysis Shou-Ming, Huang, & Ting-Yu, Chueh
21	**Poster 21** A Development of Emotional Regulation Questionnaire for Thai Athletes (ERQ-TA) Thararat Khowkim, Chatkamon Singnoy, Sukanya Charoenwattana, Naruepon Vongjaturapat, Junggil Park, Chairat Choosakul, & Tanida Julvanichpong
22	**Poster 22** Social Support and Psychological Rehabilitation for Injured Athletes: A Literature Review Wei-An Hsieh, & Wen-Yi Wang
23	**Poster 23** Effect of acute relaxation training on state-trait anxiety, athletic mental energy, and sport performance in general adult badminton players Hsi-Hsien Hsu, Frank JH Lu, Wen-Chuan Chuang, & Theresa Chyi
24	**Poster 24** The Model of Sport Psychology Consulting Processes and Practical Considerations Chia-Yu Chang, & Wei-Jiun Shen
25	**Poster 25** Linguistic Strategies in Public Discourse Affecting Mental Toughness of Thai National Esports Athletes Korada Mattayakorn, & Apichaya Keawuthai
26	**Poster 26** Friendship Quality and Motivation: The Perspective of Relationship Motivation Theory Hsin-Lun Tsai, & Wei-Jiun Shen
27	**Poster 27** Social Support and Physical Activity Adherence in Older Adults: A Literature Review An-Sin Chang, & Chung-Ju Huang
28	**Poster 28** Effects of Smoking Urges on Perceptual Discrimination Ability and Aerobic Exercise Performance in Collegiate Athletes Kai-Chien Yang, & Chou, Chien-Chih
29	**Poster 29** The Association between Sports Club Participation, Sports Enjoyment, and Exercise Adherence among Korean College Students Seokjun Yoon, Shinhye Kim, & Youngho Kim

30	**Poster 30** Physiological and Psychological Benefits of Motion-Sensing Games for Individuals with Disabilities: A Literature Review Hsin-Yu Yen, & Chung-Ju Huang
31	**Poster 31** The Health Benefits of Stacking Cups for Individuals with Disabilities: A Literature Review Hsin-Yu Yen, & Chung-Ju Huang
32	**Poster 32** Effects of Martial Arts on inhibitory control and Arousal Regulation in Children with Attention-Deficit/Hyperactivity Disorder Kai-Yu Peng, & Ting-Yu Chueh
33	**Poster 33** The Effects of Physical Activity on Self-Regulation, Self-Esteem, and Self-Efficacy among Out-of-School Adolescents Yeonwoo Kim, Seungchan Lee, & Youngho Kim
34	**Poster 34** Motivations for Playing Pickleball: A Literature Review: Integrative Literature Review Zong-Jin Li, & Wen-Yi Wang
35	**Poster 35** The Relationship Between Emotional-Related Cognitive Flexibility and Muscular Fitness in Late Middle-Aged and Older Adults: A Study Protocol Michael Chen, Jeffrey Yu, & Yu-Kai Chang
36	**Poster 36** The Effects of Acute Exercise Integrated with Varying Cognitive Loads on Inhibitory Control in Collegiate Athletes Lai Hsing Yao, & Chou, Chien-Chih
37	**Poster 37** Growth of University Students Majoring in Physical Education Based on Participation in Sports Talent Sharing Activities Minju Kim, & Kyulee Shin
38	**Poster 38** Mindfulness Levels and Sports Anxiety among Ball sports Athletes: A Study Protocol Wai-Hing Pang, Michael Chen, Yun-Rui Yang, & Yu-Kai Chang
39	**Poster 39** The Effects of Physical Activity on Cognitive Function and HRV in Children With ADHD: A Scoping Review Yu-Wen Huang, & Ting-Yu Chueh

40	**Poster 40** A Comparative Study of Mindfulness Between Physical Education and Non-Physical Education Students Yu-Min Ho, Zongheng Wu, & Lin Chi
41	**Poster 41** Effects of Environmental Differences on Flow, Mood States and EEG on Cycling Jonghwa Lee, Soojin Kang, & Youngho Kim
42	**Poster 42** The Role of Neurofeedback Training in Precision Sport Skills Performance: A Systematic Review Yu-Ting Lo, Chien-Lin Yu, Shih-Huan Chen, Kuo-Pin Wang, & Tsung-Min Hung
43	**Poster 43** Mindfulness Training for Emotion Regulation in Athletes: A Narrative Review Hsin-Yu Lai, Chiu-Mei Hsu, & Chung-Ju Huang
44	**Poster 44** The Effects of Exercise Interventions on Emotional Regulation, Mental Health, and Self Control in Children with ADHD: A Systematic Review Tzu-En Huang, Yi-Ling Wu, & Tsai-Wen Lin
45	**Poster 45** Effects of the training using self-modeling with visual cues on skill performance, imagery, and sport-confidence of adolescent female soccer players Seonjong Lee, Jisu Kim, & Youngho Kim
46	**Poster 46** The Effects of Exercise Interventions on Executive Function in Children With Cerebral Palsy: A Systematic Review Yang, Shang-Hsun
47	**Poster 47** The Effects of Exercise on Hot Executive Function in Children With Neurodevelopmental Disorder: A Scoping Review Chen-Chi Sun, & Ting-Yu Chueh
48	**Poster 48** Physical Activity and Self-Concept Development in Children: A Systematic Review Lin-Ying Pan, & Wen-Yi Wang
49	**Poster 49** The effects of balance-based exercise interventions on motor skills, executive function, and behavioral symptoms in children with ADHD: A systematic review Wen Yi Li

50	**Poster 50** Coach Autonomy Support and the Development of the Five Cs in Adolescent Athletes: A Systematic Review Yi-Tzu Lee, & Wen-Yi Wang
51	**Poster 51** Effects of Power Training and Plyometric Training on Physical Performance and Sport Attention in Collegiate Badminton Players Yu-Chieh Huang
52	**Poster 52** The Effects of Acute Exercise Interventions on Executive Function in Children with Autism: A Scoping Review Bo-Yi Chen, & Ting-Yu Chueh
53	**Poster 53** The Effect of a Single Session of Sensorimotor Rhythm Neurofeedback Training on Golf Putting Performance Under Pressure Wu, Jen-Hao, & Tsung-Min Hung
54	**Poster 54** Effects of Pressure on Pitching Location Variability in Elite High School Baseball Pitchers Ching-Kai Wang, & Tsung-Min Hung
55	**Poster 55** Decoding Youth Athletes' Sport Specialization: A Scoping Review Ji-Heng Juang, Ya-Ting Juang, Yi-Hsiang Chiu, & Frank J H Lu
56	**Poster 56** Effects of Acute Exercise Interventions on Prefrontal Alpha EEG Asymmetry and Affective Outcomes: A Systematic Review HUNG TA HEISH
57	**Poster 57** Preliminary Effects of Resistance Training on Task Switching and Clinical Symptoms in Adults with ADHD: A Multiple-Baseline Single-Subject Study Wei Zhang, Chi-Jui Lee, Dong-Yang Fong, & Chiao-Ling Hung
58	**Poster 58** Effects of a Brain Endurance Training Intervention on Sport Performance: A Literature Review Chien-Yen Wang
59	**Poster 59** Integrating behavioral and neuroelectric evidence: Exercise-induced enhancement of executive functions in children and adolescents with preterm birth Feng-Tzu Chen, Ruei-Hong Li, Chen-Sin Hung, Chien-Heng Chu, & Yu-Kai Chang

60	**Poster 60** Life Stress and Defense Mechanisms in Adolescent Athletes: A Scoping Review Ya-Ting Juang, Ji-Heng Juang, Yi-Hisang Chiu, & Frank J. H. Lu
61	**Poster 61** The Effect of Competitive Anxiety on Swimming Performance: A Systematic Review Chia–Han Lee, & Wen–Yi Wang
62	**Poster 62** The effects of aerobic exercise intervention on cognitive function and heart rate variability: Literature Review Yi-Xuan,Cheng, Huan-yu Liang, Szu-Yu Tung, & Feng-Tzu Chen
63	**Poster 63** Neurocognitive Activity During the Preparation of Pistol Shooting: Comparative EEG Profiles of Skilled Deaf Shooters and Novice Shooters Ting-Yu Chueh, & Kai-Yu Peng
64	**Poster 64** A Review of Tai Chi and Executive Function: Evidence and Insights from Studies in Taiwan Szu-Yu Tung, Ting-Yu Chao, Yi-Xuan Cheng, & Feng-Tzu Chen
65	**Poster 65** Effects of High-Intensity Interval Exercise Combined with Respiratory Muscle Training on Executive Function and Heart Rate Variability in Adults with Obesity: A Research Proposal Ting-Yu Chao, Szu-Yu Tung, Huan-Yu Liang, & Feng-Tzu Chen
66	**Poster 66** Association between Pupillary Responses and Executive Function After Acute Aerobic Exercise Huan-Yu Liang, Yi-Xuan Cheng, Szu-Yu Tung, & Feng-Tzu Chen