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ANNUAL APT INTERNATIONAL CONFERENCE



October 7-12, 2025 • Hyatt Regency Houston Downtown, Houston, TX

Workshop Agenda

Find the perfect program to match your goals and interests at the Annual APT International Conference!

Choose from a diverse curriculum that includes half-day and full-day workshops, engaging evening sessions, and intimate small-group discussions.

Review the [Learning Objectives](#) to discover the key topics each workshop will cover.

All Dates 10/7-10/12	Tuesday 10/7	Wednesday 10/8	Thursday 10/9	Friday 10/10	Saturday 10/11	Sunday 10/12
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October 7, 2025

8:30 AM CT	Tu-1 Engaging Parent Consultations: Winning Them Over and Staying 8:30 AM-4:45 PM (6 CE Hrs)	Tu-2 Cognitive Behavioral Play Therapy and Trauma: An Introduction 8:30 AM-4:45 PM (6 CE Hrs)	Tu-3 Supervising with Cultural Intention: Application for Play Therapy 8:30 AM-12:00 PM (3 CE Hrs)
1:15 PM CT	Tu-4 The History of Play and Play Therapy. 8:30 AM-12:00 PM (3 CE Hrs)	Tu-5 Racial Identity Development in Play Therapy 8:30 AM-12:00 PM (3 CE Hrs)	Tu-6 The Anxious Era: Play Therapy Interventions for Gen Alpha and 1:15 PM-4:45 PM (3 CE Hrs)
1:15 PM CT	Tu-7 Understanding the Therapeutic Powers of Play: Utilization and Case 1:15 PM-4:45 PM (3 CE Hrs)	Tu-8 Using the Language of Video Games in Adlerian Play Therapy 1:15 PM-4:45 PM (3 CE Hrs)	Tu-9 The Power of Play: A Deep Dive into Play Therapy 1:15 PM-4:45 PM (3 CE Hrs)

October 8, 2025

8:00 AM CT	W-1 Integrating Expressive Arts in Play Therapy Across the Lifespan 8:00 AM-4:15 PM	W-2 Linking Therapeutic Powers of Play, Seminal Theories, and 8:00 AM-4:15 PM	W-3 What Does It All Mean? Interpretation of Play Themes 8:00 AM-4:15 PM
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	6 CE Hrs	6 CE Hrs	6 CE Hrs
W-4 "Shake It Off": Play Therapy and Somatic Movement 8:00 AM-11:30 AM (3 CE Hrs)	W-5 AI in Play Therapy: Practical Applications and Ethical 8:00 AM-11:30 AM (3 CE Hrs)	W-6 Integrating Sensory Processing and NMT Principles in Play Therapy 8:00 AM-11:30 AM (3 CE Hrs)	
W-7 Child-Parent Relationship Therapy (CPRT) for Caregivers of 8:00 AM-11:30 AM (3 CE Hrs)			
12:45 PM CT W-8 Being Well Grounded: Two Humanistic Play Therapy Theories 12:45 PM-4:15 PM (3 CE Hrs)	W-9 Wounded Warriors: Integrative Play Therapy for Male Survivors of 12:45 PM-4:15 PM (3 CE Hrs)	W-10 Enhancing Play Therapist Supervision: Effective Strategies for 12:45 PM-4:15 PM (3 CE Hrs)	
** Branch President's Meeting **			
12:45 PM-4:15 PM (Forum)			
4:45 PM CT W-11 Taming the Imposter Monster: Play Therapy Supervision Strategies 4:45 PM-6:45 PM (2 CE Hrs)	W-12 Advancing Virtual Play Therapy: A Journey Through Digital Tools and 4:45 PM-6:45 PM (2 CE Hrs)	W-13 Culturally Attuned Family Play Therapy: Strengthening Bonds in 4:45 PM-6:45 PM (2 CE Hrs)	
W-14 Caring for Hurts and Counting Toes: Diversity in Theraplay® 4:45 PM-6:45 PM (2 CE Hrs)	W-15 Supporting Students' Mental Health and Wellness with School- 4:45 PM-6:45 PM (2 CE Hrs)	** Credentialing Forum ** 4:45 PM-6:00 PM (Forum)	
October 9, 2025			
8:00 AM CT Th-1 All You Need to Know About Being an Expert Witness in Court 8:00 AM-4:15 PM (6 CE Hrs)	Th-2 Tell the Truth to the Children: Complexities of Coherent Storying in 8:00 AM-4:15 PM (6 CE Hrs)	Th-3 Starting Strong: Conducting Effective, Culturally Sensitive Parent 8:00 AM-4:15 PM (6 CE Hrs)	
Th-4 Defining Infant Play Therapy: Facilitating Nurturing Touch & 8:00 AM-11:30 AM (3 CE Hrs)	Th-5 Understanding Parents Through a Cultural Lens: Considerations in 8:00 AM-11:30 AM (3 CE Hrs)	Th-6 Enhance Attachment-Informed Supervision with Experiential and 8:00 AM-11:30 AM (3 CE Hrs)	

Th-7 School Based Play Therapy Supervision 8:00 AM-11:30 AM 3 CE Hrs	Th-8 Playful Healing: Play Therapy with Medically Complex Children & Adolescents 8:00 AM-11:30 AM 3 CE Hrs	DG-1 Play Therapy and Neurodivergence: Where We've Been, Where We're Going 8:00 AM-11:30 AM 3 CE Hrs
DG-2 Play Therapy Supports for the Community After a Natural Disaster 8:00 AM-11:30 AM 3 CE Hrs	DG-3 What Hat am I Wearing Now? Advancing Play Therapy in the Ever-Changing World 8:00 AM-11:30 AM 3 CE Hrs	
12:45 PM CT Th-9 Sustaining Foundations: Supervision, Case Conceptualization, and Treatment Planning 12:45 PM-4:15 PM 3 CE Hrs	Th-10 See the System: Family-Focused Assessment Practices for Play 12:45 PM-4:15 PM 3 CE Hrs	Th-11 Supporting Grieving K-5 Students: Play Therapy Strategies for Supporting Grief 12:45 PM-4:15 PM 3 CE Hrs
DG-12 Ecosystemic Play Therapy Essentials: The Building Blocks of Play Therapy 12:45 PM-4:15 PM 3 CE Hrs	Th-13 Exploring the Perspectives of Children in Kinship Using Adlerian Theory 12:45 PM-4:15 PM 3 CE Hrs	DG-4 Beyond Twinkle Twinkle: Boost Your Attachment Focused Play 12:45 PM-4:15 PM 3 CE Hrs
DG-5 Conducting School-Based Play Therapy Research with and Through Play 12:45 PM-4:15 PM 3 CE Hrs	DG-6 The Duality of Mothers: Examining the Roles of Mother and Daughter 12:45 PM-4:15 PM 3 CE Hrs	
4:45 PM CT Th-14 Burnt and Blocked: Play Therapy Interventions for Parents 4:45 PM-6:45 PM 2 CE Hrs	Th-15 Healing Through Play: A Trauma-Informed Approach to Play Therapy 4:45 PM-6:45 PM 2 CE Hrs	Th-16 Playing Through the Polarization: Play Therapy Strategies for Working with Differing Perspectives 4:45 PM-6:45 PM 2 CE Hrs
Th-17 Creative Interventions and Considerations When Working with Traumatized Children 4:45 PM-6:45 PM 2 CE Hrs	Th-18 Healing Medical Trauma Through Play Therapy 4:45 PM-6:45 PM 2 CE Hrs	Th-19 Using Adlerian Play Therapy to Foster Identity in Neurodiverse Teens 4:45 PM-6:45 PM 2 CE Hrs
Th-20 Play Therapy for Children in High-Conflict Divorced Families: 4:45 PM-6:45 PM 2 CE Hrs		
6:45 PM CT *** Welcome Reception ***	6:45 PM-8:00 PM Reception	

October 10, 2025

8:00 AM CT

*** Keynote Presentation ***

8:00 AM-9:30 AM

1 CE Hr

10:00 AM CT

F-1 Starkle Twink: Attachment Based Play Therapy to Enhance the Parent

10:00 AM-5:30 PM

5.5 CE Hrs

F-2 Beyond the Playroom: Culturally Adaptive Play Therapy and Treatment

10:00 AM-5:30 PM

5.5 CE Hrs

F-3 30 Years of Play! Tantrums, Toys & Techniques

10:00 AM-5:30 PM

6 CE Hrs

F-4 Mending Invisible Wounds: Play Therapy for Black Youth Experiencing

10:00 AM-12:30 PM

2.5 CE Hrs

F-5 Once Upon a Time in Adlerian Play Therapy (AdPT): Exploring

10:00 AM-12:30 PM

2.5 CE Hrs

F-6 Bullying in Social Context: Promoting Resilience for Children and

10:00 AM-12:30 PM

2.5 CE Hrs

F-7 Playing (The Wrong) Games? How To Protect the Therapeutic Space from

10:00 AM-12:30 PM

2.5 CE Hrs

F-8 Anxiety and Child-Centered Play Therapy: A Program Approach for

10:00 AM-12:30 PM

2.5 CE Hrs

DG-7 Cultural Humility and Self-Compassion: Integral Processes for

10:00 AM-12:30 PM

2.5 CE Hrs

DG-8 Cultural Implications of Play Therapy Practice in International

10:00 AM-12:30 PM

2.5 CE Hrs

DG-9 How Might Ecosystemic Play Therapy Principles Provide a Frame for

10:00 AM-12:30 PM

2.5 CE Hrs

2:00 PM CT

F-9 The Multicontextual Meaning and Dynamics of Hope in Play Therapy: An

2:00 PM-5:30 PM

3 CE Hrs

F-10 Treating Attachment Wounds in Children and Teens: An Integrative

2:00 PM-5:30 PM

3 CE Hrs

F-11 Let's Get Rolling: Using the Play Therapy Wheel of Competence in

2:00 PM-5:30 PM

3 CE Hrs

F-12 Ethical Practices of Artificial Intelligence in Play Therapy

2:00 PM-5:30 PM

3 CE Hrs

F-13 Parents and Play - Mastering How to Integrate Parents into the Play

2:00 PM-5:30 PM

3 CE Hrs

DG-10 Providing Clinical Supervision for Play Therapists Working with

2:00 PM-5:30 PM

3 CE Hrs

DG-11 "Peekaboo!" Engaging Caregivers in Play Therapy with

2:00 PM-5:30 PM

3 CE Hrs

DG-12 Stepping Up: The Path to Becoming a Supervisor

2:00 PM-5:30 PM

3 CE Hrs

7:30 PM CT

*** APT After Party! ***

7:30 PM-10:00 PM

Reception

October 11, 2025

8:00 AM CT

*** General Session & Awards of Excellence ***

8:00 AM-9:00 AM

Forum

9:30 AM CT

S-1 Conceptualization and Treatment Planning in Adlerian Play Therapy: Not

S-2 Parts at Play: Gestalt Play Therapy for the Fractured Self in Dissociation

S-3 Selecting Play Therapy Approaches & A Return to Case

9:30 AM-5:45 PM

9:30 AM-5:45 PM

9:30 AM-5:45 PM

6 CE Hrs

6 CE Hrs

6 CE Hrs

S-4 Help! How to Build my Play Therapy Toolbox?

S-5 Back to the Future: The Past, Present, and Future of Jungian

S-6 Reflective Play Therapy Supervision (RFPTS): A Model to

9:30 AM-1:00 PM

9:30 AM-1:00 PM

9:30 AM-1:00 PM

3 CE Hrs

3 CE Hrs

3 CE Hrs

S-7 The Forgotten Relationship: Supporting Sibling Relationships

S-8 Play Therapy Reflections as the Intervention: Prescriptive Verbal Skills

DG-13 No Surrender: Using the Therapeutic Power of Play to Combat

9:30 AM-1:00 PM

9:30 AM-1:00 PM

9:30 AM-1:00 PM

3 CE Hrs

3 CE Hrs

3 CE Hrs

2:15 PM CT

S-9 Playful Broaching: Cultural Humility in Play Therapy

S-10 Play with Bereaved Children: Play Therapy Interventions for

S-11 Becoming a Lilypad: The Role of Attachment in RPT Supervision

2:15 PM-5:45 PM

2:15 PM-5:45 PM

2:15 PM-5:45 PM

3 CE Hrs

3 CE Hrs

3 CE Hrs

S-12 Nuts and Bolts of CBPT Foundations and Practice

S-13 Child Centered Play Therapy with LGBT+ Youth

DG-14 Best of Both Worlds: Immigrant Children's Bicultural

2:15 PM-5:45 PM

2:15 PM-5:45 PM

2:15 PM-5:45 PM

3 CE Hrs

3 CE Hrs

3 CE Hrs

October 12, 2025

8:30 AM CT

Su-1 Play Therapist, Know Thyself

Su-2 Sandtray in the System: Sandtray with Families and Caregivers

Su-3 Ableist, Affirming, or Both: The Vital Role of a Neurodiversity

8:30 AM-4:30 PM

8:30 AM-4:30 PM

8:30 AM-11:45 AM

6 CE Hrs

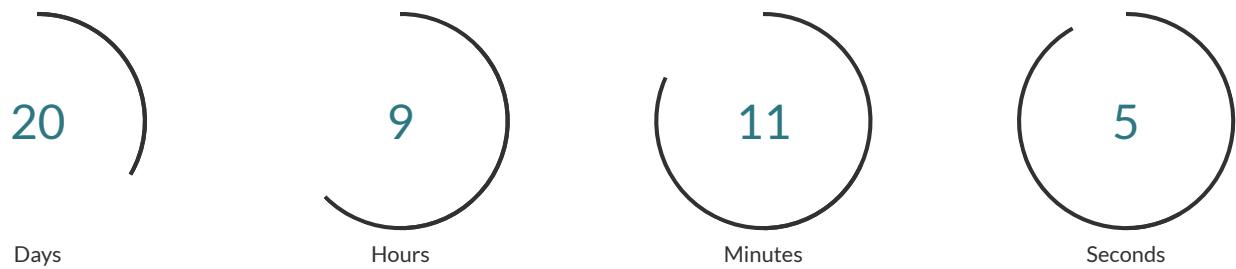
6 CE Hrs

3 CE Hrs

Su-4 Creative Assessment in Family Play Therapy

8:30 AM-11:45 AM

3 CE Hrs



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